

Market Applicability/Effective Date														
Market	FL & FHK	FL MMA	FL LTC	GA	KS	KY	LA	MD	NJ	NV	NY	TN	TX	WA
Applicable	X	N/A	N/A	X	N/A	X	X	X	X	X	X	N/A	N/A	NA

*FHK- Florida Healthy Kids

Non-Preferred Skeletal Muscle Relaxants Step Therapy

Override(s)	Approval Duration
Prior Authorization	1 year

Medications	Comments	Quantity Limit
tizanidine tablet carisoprodol carisoprodol/aspirin carisoprodol compound chlorzoxazone cyclobenzaprine (5mg and 10mg) methocarbamol tablet orphenadrine citrate ER tablet	Preferred	
Amrix brand Fexmid Lorzone metaxalone brand Parafon Forte DSC brand Robaxin tablet brand AND generic Skelaxin (metaxalone) brand Soma brand Zanaflex capsule/tablet cyclobenzaprine (7.5mg) generic tizanidine capsule	Non-Preferred	May be subject to quantity limit

APPROVAL CRITERIA

Requests for a non-preferred skeletal muscle relaxant may be approved when the following criterion is met:

- I. Individual has had a trial (medication samples/coupons/discount cards are excluded from consideration as a trial) and inadequate response or intolerance to two preferred skeletal muscle relaxants.

This policy does not apply to health plans or member categories that do not have pharmacy benefits, nor does it apply to Medicare. Note that market specific restrictions or transition-of-care benefit limitations may apply.

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Preferred agents: tizanidine tablet, carisoprodol, carisoprodol/aspirin, carisoprodol compound, chlorzoxazone, cyclobenzaprine (5mg and 10mg), methocarbamol tablet, orphenadrine citrate ER tablet.

Non-preferred agents: Amrix, brand Fexmid, Lorzone, metaxalone, brand Parafon Forte DSC, brand Robaxin tablet, brand and generic Skelaxin (metaxalone), brand Soma, brand Zanaflex capsule/tablet, cyclobenzaprine (7.5mg), generic tizanidine capsule.

State Specific Mandates		
State name	Date effective	Mandate details (including specific bill if applicable)
N/A	N/A	N/A

Key References:

Clinical Pharmacology [database online]. Tampa, FL: Gold Standard, Inc.: 2016. URL: <http://www.clinicalpharmacology.com>. Updated periodically.

DailyMed. Package inserts. U.S. National Library of Medicine, National Institutes of Health website. <http://dailymed.nlm.nih.gov/dailymed/about.cfm>.

DrugPoints® System (electronic version). Truven Health Analytics, Greenwood Village, CO. Updated periodically.

Lexi-Comp ONLINE™ with AHFS™, Hudson, Ohio: Lexi-Comp, Inc.; 2016; Updated periodically.

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